



Eye pressure

The eye is pressurised, like a beach ball, which helps it to maintain the right shape. If the pressure becomes too high for a long time, vision is slowly lost. This is called Glaucoma.

A person may not know that their eye pressure is too high, or that their vision is being slowly lost, because these effects are almost imperceptible until quite a lot of damage has already been done.

There are various ways to bring pressure in the eye back to normal. A common and effective treatment for glaucoma is eye drops. Eye drops normally work well, but like any medication they may cause side effects in some people.

People with asthma and heart problems should tell their doctor about these conditions, because some eye drops can interfere with the treatment provided. Other eye drops sting the eyes or cause a headache until the body gets used to the medication, usually in about two weeks. Some eye drops make it hard to see in dim light, because they restrict the size of the pupil.

Other treatments for Glaucoma include Laser therapy and surgery.