



**SYDNEY HOSPITAL  
&  
SYDNEY EYE HOSPITAL**

**POST REGISTRATION NURSING COURSE**

**IN**

**OPHTHALMOLOGY**

**PROSPECTUS**

Revised April 2003

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## OUTLINE OF THE COURSE

### TITLE

Sydney Hospital and Sydney Eye Hospital Post Registration Nursing Course in Ophthalmology.

### LEVEL

Post Registration Hospital Certificate Course for Registered Nurses.

### NOMENCLATURE OF AWARD

The Sydney Hospital and Sydney Eye Hospital Post Registration Nursing Course Certificate in Ophthalmology.

### DURATION

Twenty-six weeks.

### FREQUENCY

The Course is offered once a year commencing in mid-June.

### NUMBER OF STUDENTS

The Course will accommodate a minimum of four and a maximum of eight students.

### ADMISSION REQUIREMENTS

The Course is open to all registered nurses working in, or preparing for, role positions appropriate to the nature of the Course. Preference will be given to employees of New South Wales Health working in Outpatient and Inpatient service areas.

Applicants are required to:

#### Essential

- ◆ hold List A Registration with the New South Wales Nurses Registration Board.
- ◆ have completed a minimum of 3 years post registration nursing experience, in the field of medical/surgical nursing. This requirement is necessary because of the nature of the clinical component of the Course.

#### Preferred

- ◆ a minimum of twelve months experience in the nursing speciality of Ophthalmic Nursing.

### APPLICATIONS

Applications for admission to the Course are to be made in writing, and addressed to The Manager, Clinical Nursing Services Department, Sydney Hospital and Sydney Eye Hospital, GPO Box 1614, SYDNEY NSW 2001. Applications for the Course must be received by 5pm on the third Friday in April each year.

#### Letters of application should include:

- ◆ the benefits to be derived from participating in the Course for the applicant, employing institution and community.
- ◆ a current Curriculum Vitae. The CV **must** include the following: NSW Nurses' Registration Board Registration Number; all educational qualifications and all work experience listed in chronological order starting from current; indication of any gaps in work experience with relevant explanations; and indication of work experience being full time, part time or casual.

- ◆ a current attested copy of Nurses' Registration Board of NSW Authority to Practise Certificate.
- ◆ relevant tertiary qualifications attested by a Justice of the Peace.

#### **Applications for funded positions**

- ◆ applicants are required to request their Director of Nursing/Manager to complete the form "Application for Funded Position" (Contact Clinical Nursing Services Department for a copy of the form).

#### **Selection of applicants**

- ◆ Manager, Clinical Nursing Services.
- ◆ Manager of Education.
- ◆ Nurse Educator-Ophthalmology
- ◆ Clinical Nurse Consultant in Ophthalmology.

#### **Record Checks**

Successful applicants will be required to consent to checks of the following:

- ◆ criminal record
- ◆ professional registration and limitations placed on practice
- ◆ complaints to NSW Health Complaints Unit

#### **STATUS OF THE STUDENT**

When allocated to service areas, students will initially work under supervision of a Registered Nurse who is a competent practitioner in the field of Ophthalmic Nursing. Student status will be dependent on the funding provided that is, they may be supernumerary or part of the staffing establishment when on placement in their employing institution.

#### **HOURS OF ATTENDANCE**

Lecture Blocks, Monday to Friday, 0900 to 1730 hours. However, times may vary depending on lecturer availability.

Clinical Placements times will vary according to placements and may include some evening shifts.

#### **RECOGNITION OF PRIOR LEARNING**

Modified programmes are offered to Registered Nurses experienced in this specialty, contact the Course Coordinator for further details.

#### **TRAVELLING ARRANGEMENTS AND PARKING**

Students who are accepted for the Course are expected to make their own arrangements for transport and parking and to be responsible for all costs. There is a commercial car park attached to the Hospital.

#### **ACCOMMODATION**

Sydney Hospital and Sydney Eye Hospital is unable to provide accommodation for students. Accommodation may be available at hospitals in the metropolitan area where nurses' homes still exist. The Course Coordinator can assist with arrangements however; it remains your responsibility.

#### **FEES**

All successful applicants are required to pay a fee for the Course prior to Course commencement. Any delay in fee payment **must be notified in writing** to the Course Coordinator. The Course

fees from the following sectors are: public sector and self funding students, A\$1,000.00; private sector and interstate students, A\$1,500.00; international students, A\$2,500.00. The fees will be reviewed annually and as circumstances dictate.

### **SALARIES AND CONDITIONS**

Salaries will not be paid to self-funding students. If the student's position on the Course is funded by the employing institution, the student is responsible for fulfilling the normal requirements for salary payment. The Course Coordinator and Nurse Unit Managers at clinical placements will confirm time sheet details.

In addition, students are required to: fulfil the policy requirements of the participating institutions; meet the requirements of the educational process and accept any decisions relevant to them made by the Course Management Committee.

### **FUNDING**

Total or limited funding will be offered to some Course students. Course students offered funding would be seconded to Sydney Hospital and Sydney Eye Hospital. Funding is available to NSW Health Department employees. Note: The funding provided is for salary costs. **Funding does not include the cost of the Course fee.**

### **ASSESSMENT PROCESS**

Includes: pre-course worksheet, written examinations, written assignments, vision and optic worksheets, research assignments, presentation of teaching sessions, 100% mastery of clinical skills specific to Ophthalmology and overall student performance.

### **GRADUATION CEREMONY**

Successful students will graduate on the final day of the Course. The Graduation Ceremony will be conducted on site at Sydney Hospital and Sydney Eye Hospital.

### **ENQUIRIES**

Course Coordinator, Post Registration Nursing Course in Ophthalmology  
Sydney Hospital and Sydney Eye Hospital  
Telephone: (02) 9382 7409  
Fax: 9382 7398  
E-mail: moorec@sesahs.nsw.gov.au

### **Postal Address:**

Course Coordinator  
Sydney Hospital Post Registration Nursing Course in Ophthalmology  
Clinical Nursing Services Department  
Sydney Hospital and Sydney Eye Hospital  
GPO Box 1614  
SYDNEY NSW 2001

## **COURSE AIM AND OBJECTIVES**

### **AIM**

To prepare Registered Nurses to function as Nurse Specialists in the field of Ophthalmology

### **OBJECTIVES**

At the completion of the Course, it is anticipated the participant will be able to:

- ◆ adopt a person-centered approach to holistic care, which is cognisant of the body-mind-spirit-unity of the person.
- ◆ recognise the person's right to autonomy and empower them to actively participate in nursing care.
- ◆ respond appropriately to cultural and social differences in providing nursing care.
- ◆ perform physical and psychosocial assessment.
- ◆ exercise objective clinical judgement in the provision of preventive, curative and palliative care.
- ◆ collect, manage and process designated biological specimens.
- ◆ interpret diagnostic results and implement appropriate nursing actions.
- ◆ communicate effectively with the client, significant others and other health professionals.
- ◆ provide psychosocial support for the client.
- ◆ provide for the special health care needs of the person with disorders and diseases of the eye at each stage of the life cycle and at all points of health-illness, dependence, independence continuum.
- ◆ apply the problem solving nursing process to patient/client care, utilising the Roper, Logan and Tierney "Activities of Living" Model.
- ◆ recognise situations, which call for ethical decision-making and participate in the resolution process.
- ◆ demonstrate cognisance of the law related to the speciality and apply it in nursing practice.
- ◆ provide education for the client, people at risk, health professionals, support groups and community.
- ◆ liaise with other agencies to provide for the needs of the client or community.
- ◆ contribute to health promotion and disease prevention.
- ◆ initiate and apply the outcomes of clinical research to nursing practice.
- ◆ act as a resource person and participate as a member of the Ophthalmology health network.

**In addition to these objectives the Course aims to inculcate the student with attitudes and skills which will promote her/his:**

- ♦ ability to adopt appropriate coping mechanisms to meet perceived stressors.
- ♦ initiative and self-direction.
- ♦ responsibility as an adult learner for ongoing professional education and development.
- ♦ professional confidence and esteem.
- ♦ participation in professional organisations.
- ♦ commitment to clinical nursing practice.
- ♦ leadership.

## ORGANISATION OF THEORETICAL AND CLINICAL COMPONENTS

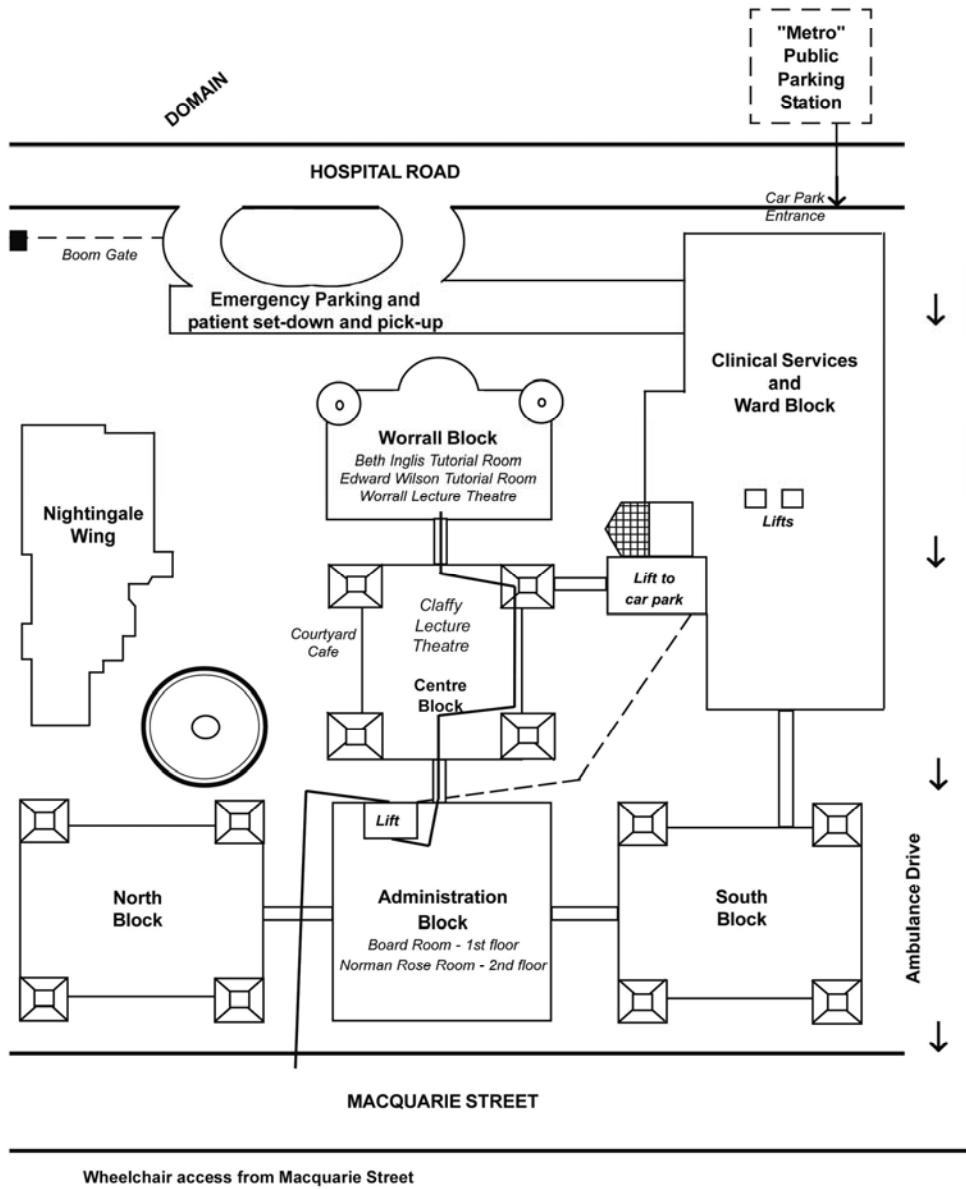
The theoretical content of the Course is presented in a series of four Study Blocks, integrated with three periods of clinical practice. The following illustrates the detail of the Course. The placement details will vary for students offered a modified programme. For example if experienced in ophthalmology, the participant is not required to attend such placements.

<i>COMPONENT</i>	<i>ALLOCATED TIME</i>
<b>Theoretical Component</b>	<b>320 hours</b>
Face to face hours <sup>16</sup>	200 hours
Non face to face lecture hours <sup>17</sup>	120 hours
<b>Total</b>	<b>8 weeks</b>
<i>Observational Visits</i>	
(These observational visits are achieved in block time)	
Royal Blind Society	1 day
ALCON	1 day
Children's Hospital Westmead	3 hours
Bondi Laser Centre	3 hours
The United Dental Hospital	3 hours
St Lucy's School of the Blind	3 hours
Sydney Artificial Eye Department	2 hours
Eye Banking South Block Sydney Eye Hospital	3 hours
<i>Structured Learning Programme</i>	
Tonometry, AScans, Keratometry, Visual Fields, Visual Acuity, Slit Lamp assessment	
<b>Total</b>	<b>1 week</b>
<b>Clinical Placements</b>	
Sydney Eye Hospital Eye Emergency/ Outpatient Department	7 weeks
Sydney Eye Hospital Operating Theatres	5 weeks
Sydney Eye Hospital Inpatient Wards I East	1 week
Sydney Eye Hospital Inpatients/DPU 1 West	1 week
Community Eye Outreach Programme	1 week
Eye Awareness Week	2 week
<b>Total</b>	<b>17 weeks</b>
<b>Grand Total</b>	<b>26 weeks</b>

<sup>16</sup> Face to face, formal lecture format.

<sup>17</sup> Non face to face lecture hours, video, tutorials, self directed learning.

# SYDNEY HOSPITAL & SYDNEY EYE HOSPITAL



Lisa Wright 14/11/2002